

ST. PETER'S



Augustinian 
Care

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STRUCTURE OF THE HOME

The Sisters of St. Augustine were anxious to spread their caring apostolate further and purchased the Great House in 1934 and established a home for the mentally ill and renamed the house St. Peter's Convent. Although certain adaptation was necessary Plympton House has lost none of its grandeur and new buildings have been of such architectural merit that they sit happily side by side with George Treby's beautiful house.

St. Peter's Convent stands in 14 acres of grounds in the village of Plympton, on the eastern outskirts of Plymouth. Plympton has many attractions and the Moors provide a refreshing change in the countryside.

The Grade I listed Great House stands in its own well kept gardens from which there are views of the village and remains of Plympton Castle. It has a unique walled garden which provides a marvellous variety of fruit, vegetable, flowers and plants to be used for the Nursing Home.

The Home has 22 single bedrooms 2 of which are under 10 square metres and 20 of 10 square metres and over, 10 2-bedded rooms with at least 16 square metres and 2 rooms that are currently shared by more than 2 persons. It is our preferred choice to offer single en-suite rooms, however, at the moment this is being looked at by the Organisation with a view to meeting the standards. Meanwhile every effort is made to allow privacy to the residents that share rooms and the opportunity to receive visitors in private, should they wish. Residents are offered the option to have locks on their doors, but this is subject to permissions from the relevant agencies as St. Peter's is a listed building.

The Home is divided into 3 units each run by a Unit Manager, there are 2 units with 14 residents and one unit with 21 residents. The accommodation on the third floor is only suitable for residents who are mobile or of low dependency. Each unit has its own clinical room and nurses' station. There are extensive

communal areas, including a dining room, lounges and visitors room and the Home has its own small Chapel, a lift is also available for use by residents and visitors.

The Home has its own hairdressing saloon visited on a regular basis by a qualified hairdresser giving the residents freedom of choice to have their hair done on a regular basis.

The Home is run by the Home Manager who is supported by a 3 Unit Manager, 2 are Religious Sisters and one is a lay manager. The Managers are supported by a team of qualified RGNs, RMNs, Care Assistants, some qualified in NVQ in Care, and Housekeepers. The Home is staffed according to current recommended levels.

The qualified staff work in close co-operation with the Managers to develop nursing and care profiles for our residents. There are regular meetings that offer all members of the team the opportunity to get involved in the care of the residents, the running of the Home and any other issues that may concern them.

There is a kitchen on site that provides the residents with a well-balanced, nutritious diet and the menus are reviewed on a regular basis. The open environment of the Home allows the chef an opportunity to get to know the residents which enables a personal service to be offered to the residents to meet their individual dietary needs. The nutrition and well being of the residents is reviewed on a regular basis and changes implemented in their care as necessary.

The Home has its own laundry which allows all the residents personal clothing items to be cared for in-house as well as laundering the Home's linen and other items.

The Home is supported by a Management Structure includes Personnel, Finance, Property and Health and Safety.



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The Home has an ongoing training programme which includes internal courses, information sessions, and recognised external courses and all our care assistants are offered the opportunity to obtain their NVQ in care.

SERVICE CATEGORY

The Home is registered with the Commission for Social Care Inspection for care with nursing, for 50 services users whose category is dementia and caters for all ranges of mobility, i.e. mobile through to bedfast.

The ages of our current residents range from 55 through to 100.

NURSING CARE

The residents at St. Peter's require nursing care due to the nature of their illness and frailty. The care delivered is person-centred with emphasis on the residents making meaningful choices in their life. We also provide care for residents who suffer from additional medical conditions such as Strokes, Parkinsons and Epilepsy.

We provide post-operative and medical care in the event that a resident is admitted to hospital for either a surgical or medical procedure as it is our aim for them to return to the Home as soon as possible.

The residents have the opportunity to have their own meetings which are facilitated by Care Assistants. These meetings give them the opportunity to contribute to the running of the Home.

MEDICAL CARE

Medical care is provided twice a week and as required by GPs from South Brent Surgery. The mental health needs of the residents are continually assessed by the qualified staff and support and care given. Arrangements are in place for a psychiatrist to visit on a regular basis to review the care of the residents.

Regular visits are arranged from a chiroprapist and optician and a physiotherapist visits as required.

Residents are also able to consult with professionals of their choice.

ADMISSION CRITERIA

On initial enquiry for admission to the Home a brochure is sent and prospective residents and their relatives are invited to visit the Home. The prospective resident is then visited by a qualified nurse who carries out a full assessment with the involvement of the resident and their family. If the Home feels it is able to meet the needs of the resident then the admission of the resident is planned and they are invited to spend time at the Home on a trial basis.

ACTIVITIES AND LEISURE

Activities and leisure are organised by the Home Manager in conjunction with the care assistant. All care assistants are encouraged to be involved with the activities for the residents.

There are a variety of activities available and residents have a choice in what they wish to take part in. Some of the activities

available are trips for shopping, walks in the gardens and grounds, visits and outings with relative. Celebrations are organised for residents on birthdays, anniversaries, etc.

Musical entertainment is particularly enjoyed by the residents and outside musical entertainment is provided from time to time. Reminiscence therapy and musical bingo in small groups is encouraged. Residents who are unable to mobilise are offered passive exercises on a one-to-one basis.



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RELIGIOUS SERVICES

The Home has its own chapel where services of the Roman Catholic faith are held weekly. The Catholic priest and the Church of England Vicar from Plymouth make personal visits to residents on a regular basis.

The Home will make arrangements for members of other religious beliefs to visit at the request of a resident. Relatives and friends are able to take residents out to attend church services.

VISITORS

The Home welcomes visitors and residents have an opportunity to meet with them in private or with the group, as they desire. Visitors have an opportunity to have refreshments with their families and arrangements are made for special occasions, eg. birthdays. Residents are encouraged to go out for visits and trips with their relatives and friends.

The Home recognises that the resident has a right to refuse visitors.

COMPLAINTS

The Home has a Complaints Procedure that is displayed in the reception area. On admission a new resident is given details of the Complaints Procedure. Our aim is to deal with all complaints promptly and conclusively.

CARE PLANS

On admission a care plan is formulated to meet the needs of the resident. This is done in conjunction with the caring team, the resident and their family. Care assistants are required to read the care plan and be familiar with its contents. The care plan is evaluated on a monthly basis with the caring team.

PRIVACY AND DIGNITY

All care staff are given an induction when they join the team. They receive a handbook outlining the provision of care to a resident and this is followed by continuous information sessions to ensure that person-centred care is delivered and the privacy and dignity of the resident is ensured at all times.

Care staff are given the opportunity to view our Care Standards video and discuss its implications and its value to the life of the residents and team at St. Peter's.

Name and Address of Registered Provider

The Trustees of The Order of St. Augustine of the Mercy of Jesus
St. George's Retreat
P O Box 1, Burgess Hill, RH15 0SQ

Name and Address of Registered Manager

Sr Eileen Holland (Sr Mary Cyprian)
St. Peter's
George Lane
Plympton St Maurice
Plymouth, PL7 2LL

Qualification and Experience of Registered Manager

1997-present	Home Manager St. Peter's
1993-1997	Sister-in-charge St. Mary's Nursing Home
1990-1993	Sister-in-charge The Rosary Care Home
1989-1990	Sister-in-charge St. Raphael's
1987-1989	Matron St. Augustine's Home
1984-1987	Assistant Matron St George's Retreat
1972-1984	Matron St. Andrew's Nursing Home



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