

ST. RAPHAEL'S



Augustinian 
Care

ST. RAPHAEL'S

STRUCTURE OF THE HOME

St. Raphael's is thoughtfully and beautifully constructed of fine local sandstone, it presents especially on its southern garden front an order range of gables and mullions, with a charming little oriel at first floor level. Many improvements have been carried out to facilitate the nursing care for the mentally ill and elderly, the most recent was a complete refurbishment including a new Chapel. The personal character of St. Raphael's is preserved by the Sisters, who care for their residents and provide a homely atmosphere carrying on the vision of their Founder.

The Home is divided into 3 units which between them have 27 single bedrooms at least 10 square metres and 15 2-bedded rooms of at least 16 square metres.

Every effort is made to allow privacy to the residents that share rooms and the opportunity to receive visitors in private, should they wish.

Each unit has its own clinical room and nurses station. There are extensive communal areas, including a dining room, lounges and visitors room and the Home has its own small Chapel, a lift is also available for use by residents and visitors.

The Home has its own hairdressing salon visited on a regular basis by a qualified hairdresser giving the residents freedom of choice to have their hair done on a regular basis.



The qualified staff work in close co-operation with the Managers to develop nursing and care profiles for our residents. There are regular meetings that offer all members of the team the opportunity to get involved in the care of the residents, the running of the Home and any other issues that may concern them.

There is a kitchen on site that provides the residents with a well-balanced, nutritious diet and the menus are reviewed on a regular basis. The open environment of the Home allows the chef an opportunity to get to know the residents which enables a personal service to be offered to the residents to meet their individual dietary needs. The nutrition and well being of the residents is reviewed on a regular basis and changes implemented in their care as necessary.

The Home has its own laundry which allows all the residents personal clothing items to be cared for in-house as well as laundering the Home's linen and other items.

The Home is supported by a Management Structure that includes Personnel, Finance, Property and Health and Safety.

The Home has an ongoing training programme which includes internal courses, information sessions, and recognised external courses and all our care assistants are offered the opportunity to obtain their NVQ in Care.

STAFF

The Home is run by the Home Manager who is supported by a Deputy Manager, these are both Religious Sisters and qualified nurses. The Managers are supported by a team of qualified RGNs, RMNs, Care Assistants, some qualified in NVQ in Care, and Housekeepers. The Home is staffed according to current recommended levels.

SERVICE CATEGORY

The Home is registered with the Commission for Social Care Inspection for care with nursing, for 60 services users whose category is dementia, and caters for all ranges of mobility, i.e. mobile through to bedfast.

The ages of our current residents ranges from 55 through to 95.

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NURSING CARE

The residents at St. Raphael's Care require nursing care due to the nature of their illness and frailty. The care delivered is person-centred with emphasis on the residents making meaningful choices in their life. We also provide care for residents who suffer from additional medical conditions such as Strokes, Parkinsons and Epilepsy.

We provide post-operative and medical care in the event that a resident is admitted to hospital for either a surgical or medical procedure as it is our aim for them to return to the Home as soon as possible.

MEDICAL CARE

Medical care is provided once a week or as required by a GP from Newtons Surgery in Haywards Heath. The mental health needs of the residents are continually assessed by the qualified staff and support and care given.

Arrangements are in place for a psychiatrist to visit on a regular basis to review the care of the residents.

A physiotherapist visits twice a week and regular visits are arranged from a chiropodist and optician.

ADMISSION CRITERIA

Prospective residents and their relatives are invited to visit the Home. The prospective resident is then visited by a qualified nurse who carries out a full assessment with the involvement of the resident and their family. If the Home feels it is able to meet the needs of the resident then the admission of the resident is planned and they are invited to spend time at the Home on a trial basis.

ACTIVITIES AND LEISURE

The Home has its own full time Activities Organiser and all care assistants are encouraged to be involved with the activities for the residents. There are a variety of activities available and residents have a choice in what they wish to take part in.

Some of the activities available are trips for shopping, walks in the gardens and grounds, visits and outings with relatives. Celebrations are organised for residents on birthdays, anniversaries, etc.

Musical entertainment is particularly enjoyed by the residents and outside musical entertainment is provided from time to time. Reminiscence therapy and musical bingo in small groups is encouraged. Residents who are unable to mobilise are offered passive exercises on a one-to-one basis.

Residents are also invited to attend functions and activities at St. George's Retreat, the Mother House.

ST AUGUSTINE'S

St. Augustine's is a homely unit on the top floor of St. Raphael's and has the unique feature of providing accommodation specifically for 12 residents whose prime need is mental health but who maintain much of their independence. The accommodation comprises of its own sitting room, kitchenette and for meals the residents use the main dining room in the nursing home.

This group of people are very independent and capable of making meaningful choices about their lifestyle and activities. Their care needs are met and monitored on a regular basis and the care delivered is person-centred.

This group takes an active interest and participation in all activities within the Home and their education needs are met with regularly courses within the Home. They are able to undertake activities such as sewing and knitting and there is a very lively art class. The group go on weekly shopping trips, and also participate in activities outside of the home such as visits to the theatre and bowling.

They mix with the other residents and are an integral part of the homely atmosphere and all the residents at St. Raphael's benefit from the special interaction of this group.



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RELIGIOUS SERVICES

The Home has its own chapel where services of the Roman Catholic faith are held daily. The Catholic priest and the Church of England Vicar from Danehill make personal visits to residents on a regular basis.

The Home will make arrangements for members of other religious beliefs to visit at the request of a resident. Relatives and friends are able to take residents out to attend church services.

VISITORS

The Home welcomes visitors and residents have an opportunity to meet with them in private or with the group, as they desire. Visitors have an opportunity to have refreshments with their families and arrangements are made for special occasions, eg. birthdays. Residents are encouraged to go out for visits and trips with their relatives and friends.

COMPLAINTS

The Home has a Complaints Procedure that is displayed in the reception area.

CARE PLANS

On admission a care plan is formulated to meet the needs of the resident. This is done in conjunction with the caring team, the resident and their family. Care assistants are required to read the care plan and be familiar with its contents. The care plan is evaluated on a monthly basis with the caring team.

PRIVACY AND DIGNITY

All care staff are given an induction when they join the team. They receive a handbook outlining the provision of care to a resident and this is followed by continuous information sessions to ensure that person-centred care is delivered and the privacy and dignity of the resident is ensured at all times.

Name and Address of Registered Provider

The Trustees of The Order of St. Augustine of the Mercy of Jesus
St. George's Retreat
P O Box 1, Burgess Hill, RH15 0SQ

Name and Address of Registered Manager

Sr. Catherine Rath (Sr Mary Basil)
St. Raphael's
Danehurst
Church Lane, Danehill
East Sussex, RH17 7EZ

Qualification and Experience of Registered Manager

RMN	
1992-2001	Unit Manager, St Peter's Nursing Home, Devon
1984-1990	Staff Nurse, St. Andrew's Nursing Home, Roxburghshire
1972-1984	Staff Nurse St. Raphael's Nursing Home,
1990-1992	Upgraded to RMN from SEN at St. Lawrence Hospital, Bodmin
1973-1972	Training carried out at St. George's Retreat



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